

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Girls 55 Meter Dash**

	Name	School	Finals	H#
Finals				
1	McIntyre, Andria	Barnesville	7.96	1
2	Nepstad, Morgan	Park Christian	8.06	2
3	Rieder, Annie	DilworthGlyndonFelton	8.11	1
4	Hansen, Becca	Ashby-Brandon-Evansville	8.14	1
5	Wagner, Jamie	DilworthGlyndonFelton	8.25	2
6	Norlin, Shelby	Thief River Falls	8.29	2
7	Zitzow, Ashley	Perham	8.33	4
8	Leier, Jennicca	Thief River Falls	8.33	2
9	Lee, Courtney	Thief River Falls	8.37	2
10	Murphy, Natalie	Perham	8.40	4
11	Kainz, Kelsey	Thief River Falls	8.45	2
12	Schmitz, Elizabeth	DilworthGlyndonFelton	8.46	1
13	Dennis, Mercedes	DilworthGlyndonFelton	8.49	5
14	Campbell, Diane	Ashby-Brandon-Evansville	8.50	1
15	Verdi, Aleeya	DilworthGlyndonFelton	8.55	3
16	Johnson, Grace	Pelican Rapids	8.62	7
17	Weiser, Megan	DilworthGlyndonFelton	8.68	3
18	Bentow, Amy	DilworthGlyndonFelton	8.71	2
19	Rutten, Maria	Perham	8.73	5
20	Reese, Marina	Perham	8.74	5
21	Strand, Olivia	Perham	8.75	5
22	Spilde, Emily	Barnesville	8.76	3
23	Vigness, Corina	DilworthGlyndonFelton	8.85	3
24	Hanson, Jada	Ashby-Brandon-Evansville	8.87	1
25	Lystrom, Kaitlyn	Ashby-Brandon-Evansville	8.90	4
26	Westby, Haley	Pelican Rapids	8.92	7
27	Shulstad, Bailey	Pelican Rapids	8.92	7
28	Arnhalt, Ciara	Park Christian	8.93	5
29	Hanson, Jackie	Perham	8.95	6
30	Critchley, Ally	DilworthGlyndonFelton	9.02	6
31	Nelson, Sabrina	DilworthGlyndonFelton	9.09	6
32	Shasky, BreAnn	DilworthGlyndonFelton	9.15	3
33	Shasky, Megan	DilworthGlyndonFelton	9.30	4
34	Scheidecker, Amy	Perham	9.49	6
35	Sondag, Michaela	Perham	9.60	5
36	Landsem, Alyssa	DilworthGlyndonFelton	9.65	4
37	Muer, Leah	Perham	9.70	6
38	Liedberg, Hailey	Thief River Falls	9.93	5
39	Hofmann, Chelsea	Staples-Motley	9.98	3
40	Welder, Lily	Pelican Rapids	10.54	6
41	Dolezal, Hannah	Staples-Motley	10.83	3
---	Scheidecker, Tina	Perham	DNS	4
---	Breid, Kaylie	DilworthGlyndonFelton	DNS	4
---	Ratajczak, Hope	Staples-Motley	SCR	

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Girls 200 Meter Dash**

	Name	School	Finals	H#
Finals				
1	Biermaier, Meleah	Thief River Falls	27.44	1
2	Nepstad, Morgan	Park Christian	28.40	1
3	Winkels, Amanda	Perham	29.48	2
4	Rieder, Annie	DilworthGlyndonFelton	29.70	1
5	Lee, Courtney	Thief River Falls	29.84	2
6	Ash, Caitlin	DilworthGlyndonFelton	29.95	1
7	Jacobson, Jena	DilworthGlyndonFelton	30.08	3
8	Yaggie, Brooke	Thief River Falls	30.37	2
9	Hansen, Becca	Ashby-Brandon-Evansville	30.45	1
10	Peterson, Brett	Ashby-Brandon-Evansville	30.72	5
11	Finseth, Katherine	DilworthGlyndonFelton	31.14	5
12	Johnson, Grace	Pelican Rapids	31.16	8
13	Thune, Lauryn	Thief River Falls	31.38	3
14	Passa, Elora	Barnesville	31.43	6
15	Wagner, Jamie	DilworthGlyndonFelton	31.45	2
16	Schmitz, Elizabeth	DilworthGlyndonFelton	31.66	1
17	Bentley, Alissa	Barnesville	31.69	3
18	Spilde, Emily	Barnesville	31.79	5
19	Swyter, Emily	Perham	32.00	7
20	Weinrich, Jessica	Pelican Rapids	32.05	9
20	Dennis, Mercedes	DilworthGlyndonFelton	32.05	5
22	Bruggeman, Haley	Thief River Falls	32.15	5
23	Vigness, Corina	DilworthGlyndonFelton	32.23	2
24	Reese, Marina	Perham	32.28	4
25	Westby, Haley	Pelican Rapids	32.88	8
26	Zepper, Abby	Perham	32.96	4
27	Storry, Kiara	Staples-Motley	33.53	7
28	Samuelson, Carly	Barnesville	33.61	4
29	Shasky, Megan	DilworthGlyndonFelton	33.64	3
30	Shasky, BreAnn	DilworthGlyndonFelton	33.95	2
31	Nelson, Sabrina	DilworthGlyndonFelton	34.45	6
32	Grosz, Ali	Barnesville	34.67	4
33	Lystrom, Kaitlyn	Ashby-Brandon-Evansville	34.75	7
34	Armstrong, Gabby	Barnesville	34.86	7
35	Wallace, Sydney	Staples-Motley	34.93	7
36	Scheidecker, Amy	Perham	35.09	4
37	Sondag, Michaela	Perham	35.28	3
38	Gardner, Mattea	Barnesville	35.35	7
39	Waller, Maddy	Pelican Rapids	36.29	8
40	Landsem, Alyssa	DilworthGlyndonFelton	36.96	6
41	Davidson, Kayla	Perham	37.19	8
42	Haiby, Ashley	Pelican Rapids	38.06	9
43	Hofmann, Chelsea	Staples-Motley	39.55	6
44	Welder, Lily	Pelican Rapids	41.52	9
---	Breid, Kaylie	DilworthGlyndonFelton	DNS	5
---	Beachy, Josie	Perham	DNS	4
---	McDonald, Jamie	Thief River Falls	DNS	6
---	Slack, Aiva	Ashby-Brandon-Evansville	DNS	3

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Girls 200 Meter Dash)**

Name	School	Finals	H#
--- Critchley, Brooke	DilworthGlyndonFelton	DNS	6
--- Shulstad, Bailey	Pelican Rapids	SCR	
--- Arnhalt, Ciara	Park Christian	SCR	

Girls 400 Meter Dash

Name	School	Finals	H#
Finals			
1 Mercil, Frannie	DilworthGlyndonFelton	1:06.94	1
2 Hansen, Mariah	Ashby-Brandon-Evansville	1:10.31	1
3 Swyter, Emily	Perham	1:11.37	2
4 Nelson, Olivia	Perham	1:12.05	1
5 Verdi, Aleeya	DilworthGlyndonFelton	1:12.85	1
6 Thune, Lauryn	Thief River Falls	1:12.97	2
7 Zepper, Abby	Perham	1:13.47	2
7 Critchley, Ally	DilworthGlyndonFelton	1:13.47	4
9 Bredberg, Elizabeth	Ashby-Brandon-Evansville	1:13.96	1
10 Dahl, Marquelle	Thief River Falls	1:14.13	3
11 Weiser, Megan	DilworthGlyndonFelton	1:14.18	2
12 Jordahl, Shelby	Perham	1:14.23	2
13 Dumpprope, Kiera	Staples-Motley	1:15.58	3
14 Hanson, Jackie	Perham	1:16.45	3
15 Szigety, Ashley	Thief River Falls	1:19.49	3
16 Hannon, Brandi	Thief River Falls	1:19.56	4
17 Hirschey, Addison	Staples-Motley	1:20.49	4
18 Sweere, Emma	Perham	1:24.18	2
19 Liedberg, Hailey	Thief River Falls	1:28.28	4
20 Dolezal, Hannah	Staples-Motley	1:35.72	4
--- Hodgden, Kayla	Perham	DNS	1
--- Gardner, Mattea	Barnesville	SCR	
--- Armstrong, Gabby	Barnesville	SCR	
--- Coalwell, Lexi	DilworthGlyndonFelton	SCR	
--- Ratajczak, Hope	Staples-Motley	SCR	
--- Schneider, Lily	Staples-Motley	SCR	
--- Satter, Kayla	Perham	SCR	
--- McDonald, Jamie	Thief River Falls	SCR	

Girls 800 Meter Dash

Name	School	Finals	H#
Finals			
1 Krupke, Madison	Ashby-Brandon-Evansville	2:35.89	1
2 Wald, Tina	Pelican Rapids	2:39.00	1
3 Munson, Emily	Pelican Rapids	2:42.95	2
4 Dumpprope, Megan	Staples-Motley	2:44.89	1
5 Goedtke, Ruth	Barnesville	2:45.98	1
6 Wegscheid, Jenna	Perham	2:46.20	1
7 Riestenberg, Mary	Perham	2:48.15	1
8 Reno, Sofia	DilworthGlyndonFelton	2:52.45	1
9 McCrary, Megan	Perham	2:55.20	2
10 Critchley, Rae	DilworthGlyndonFelton	2:59.96	1
11 Hoover, Emma	Pelican Rapids	3:00.95	2

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Girls 800 Meter Dash)**

	Name	School	Finals	H#
12	Hodgden, Kayla	Perham	3:04.73	1
13	Anderson, Lauren	Perham	3:05.99	2
14	Peterson, Hailey	Pelican Rapids	3:06.01	2
15	Miller, Alex	Staples-Motley	3:08.41	2
16	Wang, Amber	DilworthGlyndonFelton	3:10.37	2
17	Schneider, Lily	Staples-Motley	3:10.38	2
18	Potrament, Amelia	Perham	3:10.64	2
19	Lodewyk, Kate	Park Christian	3:16.32	2
20	Anderson, Lourdes	Perham	3:16.51	2
21	Hannon, Brandi	Thief River Falls	3:36.62	2
---	Griffin, Abby	Barnesville	DNS	1
---	Meyer, Claire	Barnesville	DNS	1
---	Dolezal, Hannah	Staples-Motley	DNS	2
---	Szigety, Ashley	Thief River Falls	DNS	1

Girls 1600 Meter Run

	Name	School	Finals
Finals			
1	Covington, Brynna	Perham	5:53.15
2	Karels, Sydney	Perham	5:55.23
3	Bakken, Emily	Pelican Rapids	5:56.30
4	Wald, Tina	Pelican Rapids	6:00.90
5	Fudge, Lizzie	Perham	6:03.46
6	Wegscheid, Jenna	Perham	6:03.51
7	Riestedberg, Mary	Perham	6:04.02
8	Critchley, Rae	DilworthGlyndonFelton	6:06.68
9	Reno, Sofia	DilworthGlyndonFelton	6:13.88
10	McCrary, Megan	Perham	6:30.77
11	Breid, Meghan	DilworthGlyndonFelton	6:34.76
12	Anderson, Lauren	Perham	6:42.02
13	Hultin, Emily	Park Christian	6:43.11
14	Hodgden, Kayla	Perham	6:45.33
15	Tonsfeldt, Isabelle	Barnesville	6:45.85
16	Hamernik, Kylie	DilworthGlyndonFelton	6:49.80
17	Krupke, Haley	Ashby-Brandon-Evansville	6:56.23
18	Brown, Breanna	Barnesville	6:56.91
19	Anderson, Lourdes	Perham	6:57.09
20	LaRue, Emma	Ashby-Brandon-Evansville	7:36.78
21	Remund, Mazie	DilworthGlyndonFelton	7:37.38
22	Blair, Marissa	DilworthGlyndonFelton	7:51.54
---	Frazer, Hallie	Thief River Falls	DNS
---	Dolezal, Hannah	Staples-Motley	DNS

Girls 3200 Meter Run

	Name	School	Finals
Finals			
1	Narem, Bailey	DilworthGlyndonFelton	13:59.28
2	Ueland, Haliee	Thief River Falls	14:12.92
3	Breid, Meghan	DilworthGlyndonFelton	14:59.02
4	Sossa, Madison	Barnesville	15:14.23

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Girls 3200 Meter Run)**

Name	School	Finals
5 Erickson, Courtney	Barnesville	15:26.16
6 Gifford, Shayley	DilworthGlyndonFelton	15:26.24
7 Wang, Amber	DilworthGlyndonFelton	16:23.44
8 Blair, Marissa	DilworthGlyndonFelton	18:03.10
--- Doran, Hailey	DilworthGlyndonFelton	DNS

Girls 55 Meter Hurdles

Name	School	Finals	H#
Finals			
1 Biermaier, Meleah	Thief River Falls	9.20	1
2 Jansen, Caroline	Ashby-Brandon-Evansville	9.34	1
3 Murphy, Natalie	Perham	10.21	1
4 Nelson, Olivia	Perham	10.37	1
5 Campbell, Diane	Ashby-Brandon-Evansville	10.42	1
6 Bentow, Amy	DilworthGlyndonFelton	10.66	2
7 Strand, Olivia	Perham	10.88	2
8 Zitzow, Ashley	Perham	10.91	2
9 Hockert, Brianna	Thief River Falls	10.93	2
10 Peterson, Brett	Ashby-Brandon-Evansville	11.06	2
11 Johnson, Aliza	Ashby-Brandon-Evansville	11.28	1
12 Hirschey, Larken	Staples-Motley	11.43	2
13 Ziegler, Alli	Barnesville	11.76	3
14 Gerner, Janet	Barnesville	11.77	4
15 Miller, Alex	Staples-Motley	11.98	4
16 Hirschey, Addison	Staples-Motley	12.40	3
17 Coalwell, Lexi	DilworthGlyndonFelton	12.48	3
18 Opheim, Kelsey	Staples-Motley	12.49	3
19 Storry, Kiara	Staples-Motley	12.88	4
20 Wallace, Sydney	Staples-Motley	14.64	4
21 Breid, Kaylie	DilworthGlyndonFelton	19.23	4
--- Muer, Leah	Perham	DNS	3
--- Zepper, Abby	Perham	SCR	
--- Weinrich, Jessica	Pelican Rapids	SCR	
--- Bang, Anna	Barnesville	SCR	

Girls 4x200 Meter Relay

Team	Relay	Finals	H#
Finals			
1 Thief River Falls	A	1:55.34	1
1) Norlin, Shelby	2) Yaggie, Brooke	3) Johnson, Kira	4) Biermaier, Meleah
2 DilworthGlyndonFelton	A	2:00.92	1
1) Ash, Caitlin	2) Bentow, Amy	3) Schmitz, Elizabeth	4) Jacobson, Jena
3 Thief River Falls	B	2:02.93	2
1) Lee, Courtney	2) Dahl, Marquelle	3) Steenerson, Carly	4) Leier, Jennicca
4 Ashby-Brandon-Evansville	A	2:04.52	1
1) Peterson, Brett	2) Bredberg, Elizabeth	3) Johnson, Aliza	4) Slack, Aiva
5 Barnesville	A	2:04.75	1
1) Bentley, Alissa	2) Samuelson, Carly	3) Grosz, Ali	4) McIntyre, Andria
6 Perham	A	2:06.68	2
1) Winkels, Amanda	2) Reese, Marina	3) Slettebak, Hope	4) Beachy, Josie

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Girls 4x200 Meter Relay)**

Team	Relay			Finals	H#
7 Perham	B			2:06.72	2
1) Murphy, Natalie	2) Jordahl, Shelby	3) Zepper, Abby	4) Zitzow, Ashley		
8 DilworthGlyndonFelton	B			2:07.07	1
1) Vigness, Corina	2) Finseth, Katherine	3) Weiser, Megan	4) Wagner, Jamie		
9 Barnesville	C			2:09.15	3
1) Spilde, Emily	2) Meyer, Claire	3) Passa, Elora	4) Votava, Natalie		
10 Pelican Rapids	A			2:09.17	3
1) Shulstad, Bailey	2) Westby, Haley	3) Weinrich, Jessica	4) Johnson, Grace		
11 DilworthGlyndonFelton	C			2:10.08	1
1) Verdi, Aleeya	2) Nelson, Sabrina	3) Shasky, BreAnn	4) Shasky, Megan		
12 Staples-Motley	B			2:11.71	3
1) Opheim, Kelsey	2) Hirsche, Addison	3) Storry, Kiara	4) Wallace, Sydney		
13 Barnesville	B			2:14.74	2
1) Gerner, Janet	2) Armstrong, Gabby	3) Gunderson, Sheyenne	4) Ziegler, Alli		
14 Staples-Motley	C			2:24.08	2
1) Hirsche, Larken	2) Hofmann, Chelsea	3) Schneider, Lily	4) Dolezal, Hannah		

Girls 4x400 Meter Relay

Team	Relay			Finals
Finals				
1 Perham	A			4:40.96
1) Nelson, Olivia	2) Karels, Sydney	3) Fudge, Lizzie	4) Covington, Brynna	
2 Ashby-Brandon-Evansville	A			4:40.98
1) Hansen, Mariah	2) Bredberg, Elizabeth	3) Vinson, Elizabeth	4) Krupke, Madison	
3 DilworthGlyndonFelton	A			4:45.28
1) Rieder, Annie	2) Reno, Sofia	3) Jacobson, Jena	4) Mercil, Frannie	
4 Perham	B			4:55.20
1) McCrary, Megan	2) Satter, Kayla	3) Riestenberg, Mary	4) Hodgden, Kayla	
5 Thief River Falls	A			5:07.69
1) Hockert, Brianna	2) Thune, Lauryn	3) Dahl, Marquelle	4) Kainz, Kelsey	
6 Staples-Motley	A			5:08.72
1) Dumpprope, Megan	2) Hirsche, Larken	3) Opheim, Kelsey	4) Dumpprope, Kiera	
7 Barnesville	A			5:10.01
1) Votava, Natalie	2) Meyer, Claire	3) Ziegler, Alli	4) Passa, Elora	
8 Barnesville	B			5:29.80
1) Gunderson, Sheyenne	2) Goedtke, Ruth	3) Brown, Breanna	4) Gardner, Mattea	

Girls 4x800 Meter Relay

Team	Relay			Finals
Finals				
1 Perham	A			10:48.96
1) Covington, Brynna	2) Karels, Racole	3) Fudge, Lizzie	4) Karels, Sydney	
2 Pelican Rapids	A			11:32.84
1) Bakken, Emily	2) Hoover, Emma	3) Peterson, Hailey	4) Munson, Emily	
3 DilworthGlyndonFelton	A			11:36.25
1) Narem, Bailey	2) Gifford, Shayley	3) Coalwell, Lexi	4) Hamernik, Kylie	
4 Staples-Motley	A			11:38.93
1) Dumpprope, Megan	2) Miller, Alex	3) Benelson, Kylie	4) Dumpprope, Kiera	
5 Barnesville	A			11:47.59
1) Tonsfeldt, Isabelle	2) Erickson, Courtney	3) Griffin, Abby	4) Goedtke, Ruth	
6 Thief River Falls	A			11:59.63
1) Kainz, Kelsey	2) Steenerson, Carly	3) Szigety, Ashley	4) Ueland, Haliee	

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Girls 4x800 Meter Relay)**

Team	Relay	Finals
7 Barnesville	B	12:01.88
1) Brown, Breanna	2) Meyer, Claire	3) Sossa, Madison
		4) Votava, Natalie

Girls High Jump

Name	School	Finals
Finals		
1 Ash, Caitlin	DilworthGlyndonFelton	4-08.00
2 Strand, Olivia	Perham	J4-08.00
3 Leier, Jennicca	Thief River Falls	J4-08.00
4 Yaggie, Brooke	Thief River Falls	J4-08.00
5 Vinson, Elizabeth	Ashby-Brandon-Evansville	4-06.00
6 Gulseth, Abbey	DilworthGlyndonFelton	4-04.00
7 Rutten, Maria	Perham	4-02.00
8 Krupke, Haley	Ashby-Brandon-Evansville	J4-02.00
9 Slettebak, Hope	Perham	4-00.00
9 Gerner, Janet	Barnesville	4-00.00
9 Hoover, Emma	Pelican Rapids	4-00.00
12 Weiser, Megan	DilworthGlyndonFelton	J4-00.00
--- Brown, Breanna	Barnesville	NH
--- Landsem, Alyssa	DilworthGlyndonFelton	NH
--- Slack, Aiva	Ashby-Brandon-Evansville	DNS
--- Kastner, Morgan	DilworthGlyndonFelton	DNS
--- McIntyre, Andria	Barnesville	DNS
--- Griffin, Abby	Barnesville	DNS
--- Wagner, Jamie	DilworthGlyndonFelton	DNS

Girls Pole Vault

Name	School	Finals
Finals		
1 Mercil, Frannie	DilworthGlyndonFelton	7-06.00
2 Jacobson, Jena	DilworthGlyndonFelton	7-00.00
3 Griffin, Abby	Barnesville	6-06.00
4 Miller, Alex	Staples-Motley	6-04.00
--- Karels, Racole	Perham	NH
--- Anderson, Laren	Perham	NH
--- Slettebak, Hope	Perham	NH
--- McDonald, Jamie	Thief River Falls	NH
--- Dahl, Marquelle	Thief River Falls	NH
--- Beachy, Josie	Perham	NH

Girls Long Jump

Name	School	Finals
Finals		
1 Jansen, Caroline	Ashby-Brandon-Evansville	16-01.50
2 Mercil, Frannie	DilworthGlyndonFelton	14-11.50
2 Nepstad, Morgan	Park Christian	14-11.50
4 Yaggie, Brooke	Thief River Falls	14-08.50
5 Johnson, Kira	Thief River Falls	14-08.00
6 Hansen, Mariah	Ashby-Brandon-Evansville	14-02.50
7 Peterson, Brett	Ashby-Brandon-Evansville	13-11.00
8 Kainz, Kelsey	Thief River Falls	13-08.50

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	Name	School	Finals
9	Winkels, Amanda	Perham	13-05.50
10	Passa, Elora	Barnesville	13-05.00
11	Campbell, Diane	Ashby-Brandon-Evansville	13-04.00
12	Schmitz, Elizabeth	DilworthGlyndonFelton	12-05.50
13	Finseth, Katherine	DilworthGlyndonFelton	12-04.50
14	Rutten, Maria	Perham	12-02.00
14	Beachy, Josie	Perham	12-02.00
16	Gunderson, Sheyenne	Barnesville	12-01.50
17	Spilde, Emily	Barnesville	11-09.50
18	Slettebak, Hope	Perham	11-09.00
19	Hannon, Brandi	Thief River Falls	11-06.00
20	Critchley, Ally	DilworthGlyndonFelton	11-04.50
21	Reese, Marina	Perham	11-04.00
22	Bruggeman, Haley	Thief River Falls	11-01.50
23	Meyer, Claire	Barnesville	11-00.00
24	Arnhalt, Ciara	Park Christian	10-11.00
24	Ziegler, Alli	Barnesville	10-11.00
26	Scheidecker, Amy	Perham	10-10.00
27	Verdi, Aleeya	DilworthGlyndonFelton	10-06.50
27	Breid, Kaylie	DilworthGlyndonFelton	10-06.50
29	Hofmann, Chelsea	Staples-Motley	10-05.50
30	Hirschey, Addison	Staples-Motley	10-05.25
31	Liedberg, Hailey	Thief River Falls	10-04.50
32	Hirschey, Larken	Staples-Motley	9-08.00
32	Gardner, Mattea	Barnesville	9-08.00
34	Opheim, Kelsey	Staples-Motley	9-06.50
35	Hanson, Jackie	Perham	9-06.00
36	Armstrong, Gabby	Barnesville	9-04.00
37	Remund, Mazie	DilworthGlyndonFelton	9-00.50
38	Votava, Natalie	Barnesville	7-07.50
---	Johnson, Aliza	Ashby-Brandon-Evansville	FOUL
---	Scheidecker, Tina	Perham	SCR
---	Slack, Aiva	Ashby-Brandon-Evansville	SCR
---	Bang, Anna	Barnesville	SCR
---	Ratajczak, Hope	Staples-Motley	SCR
---	Kastner, Morgan	DilworthGlyndonFelton	SCR
---	Thune, Lauryn	Thief River Falls	SCR
---	Westby, Haley	Pelican Rapids	SCR

Girls Triple Jump

	Name	School	Finals
Finals			
1	Biermaier, Meleah	Thief River Falls	34-07.00
2	Jansen, Caroline	Ashby-Brandon-Evansville	34-02.00
3	Ash, Caitlin	DilworthGlyndonFelton	32-05.00
4	Johnson, Kira	Thief River Falls	30-06.50
5	Rieder, Annie	DilworthGlyndonFelton	29-05.00
6	Zitzow, Ashley	Perham	29-00.50
7	Norlin, Shelby	Thief River Falls	28-10.00
8	Winkels, Amanda	Perham	28-02.00

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Girls Triple Jump)**

Name	School	Finals
9 Gerner, Janet	Barnesville	27-07.00
9 Hockert, Brianna	Thief River Falls	27-07.00
11 Goedtke, Ruth	Barnesville	26-06.00
12 Rutten, Maria	Perham	26-05.50
13 Gunderson, Sheyenne	Barnesville	26-00.50
14 Johnson, Aliza	Ashby-Brandon-Evansville	25-00.50
--- Liedberg, Hailey	Thief River Falls	FOUL
--- Scheidecker, Tina	Perham	DNS
--- Samuelson, Carly	Barnesville	DNS
--- Peterson, Brett	Ashby-Brandon-Evansville	DNS
--- Pederson, Alexis	Barnesville	DNS
--- Bang, Anna	Barnesville	DNS
--- Krupke, Madison	Ashby-Brandon-Evansville	DNS
--- Kastner, Morgan	DilworthGlyndonFelton	DNS

Girls Shot Put

Name	School	Prelims
Preliminaries		
1 Meyer, Destiny	DilworthGlyndonFelton	33-11.00 q 2
2 Marshall, Frani	Thief River Falls	33-00.00 q 1
3 Bentley, Alissa	Barnesville	32-00.50 q 1
4 Campbell, Diane	Ashby-Brandon-Evansville	31-03.50 q 1
5 Grosz, Ali	Barnesville	31-00.50 q 2
6 Steele, Elissa	Thief River Falls	30-01.00 q 2
7 Hirschey, Emily	Staples-Motley	29-07.00 q 1
8 Biewer, Avery	Barnesville	27-01.50 q 1
9 McClafflin, Kaitlyn	DilworthGlyndonFelton	26-09.50 2
10 Muer, Leah	Perham	26-05.00 1
11 Howard, Alyssa	DilworthGlyndonFelton	26-04.50 2
12 Lathrop, AJ	DilworthGlyndonFelton	25-07.00 1
13 Thompson, Abby	Perham	25-03.00 2
14 Steichen, Grace	DilworthGlyndonFelton	24-07.00 1
15 Thimjon, Olivia	Park Christian	23-06.00 2
16 Cyr, Jocelyn	DilworthGlyndonFelton	23-02.50 1
17 Erickson, Cassie	Barnesville	22-09.50 2
18 Bruggeman, Haley	Thief River Falls	22-03.00 1
19 Willgohs, Sarah	Staples-Motley	21-11.00 2
20 Sanderson, Sarah	DilworthGlyndonFelton	21-09.00 2
21 Lynnes, Rachel	Pelican Rapids	19-07.00 2
22 Hicks, Macie	DilworthGlyndonFelton	18-05.50 1
--- Gomez, Hailey	DilworthGlyndonFelton	FOUL 2
--- Weber, Heidi	Perham	DNS 1
--- Doran, Hailey	DilworthGlyndonFelton	DNS 2

Girls Shot Put

Name	School	Finals
Finals		
1 Meyer, Destiny	DilworthGlyndonFelton	33-11.00
2 Marshall, Frani	Thief River Falls	33-00.00
3 Bentley, Alissa	Barnesville	32-10.50

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Girls Shot Put)**

	Name	School	Finals
4	Campbell, Diane	Ashby-Brandon-Evansville	31-08.00
5	Steele, Elissa	Thief River Falls	31-03.50
6	Grosz, Ali	Barnesville	31-00.50
7	Hirschey, Emily	Staples-Motley	29-07.00
8	Biewer, Avery	Barnesville	27-01.50

Boys 55 Meter Dash

	Name	School	Finals	H#
Finals				
1	Wach, Tobias	Ashby-Brandon-Evansville	6.94	1
2	Mickelson, Colton	Pelican Rapids	7.15	2
3	Safranski, Isaac	DilworthGlyndonFelton	7.16	2
4	Hawkins, Noah	Thief River Falls	7.17	2
5	Vana, William	Perham	7.19	2
6	Plaster, McKenon	Ashby-Brandon-Evansville	7.22	1
7	Johnson, Ryan	Staples-Motley	7.23	2
8	Strand, Michael	Barnesville	7.26	1
9	Bendson, Austin	Staples-Motley	7.30	1
10	Flatt, Joe	DilworthGlyndonFelton	7.33	3
11	Brantner, Taylor	DilworthGlyndonFelton	7.34	3
12	Hutton, Ian	Thief River Falls	7.36	2
13	Bang, Jordan	Barnesville	7.38	1
14	Franco, Danny	Pelican Rapids	7.38	3
15	Schmitz, Cole	Perham	7.39	3
16	Wardlow, Mike	DilworthGlyndonFelton	7.40	4
17	Weaver, Zack	Ashby-Brandon-Evansville	7.40	1
18	Martin, Ben	DilworthGlyndonFelton	7.44	3
19	Samuelson, Alan	Thief River Falls	7.47	4
20	Rivetts, Cody	Staples-Motley	7.49	4
21	Randklev, Nick	Barnesville	7.57	1
22	Thompson, Dan	Park Christian	7.58	3
23	Johnson, Tyler	Staples-Motley	7.61	3
24	Haugrud, Carlan	Pelican Rapids	7.74	6
25	Glynn, Patrick	Perham	7.75	4
26	Carlson, Zach	Staples-Motley	7.77	4
27	Berby, Tyler	Perham	7.77	4
28	Suave, Bennett	Thief River Falls	7.79	4
29	Kruse, Dominic	Thief River Falls	7.86	5
30	Subasic, Anel	Pelican Rapids	7.93	6
31	Martinez, Juan	Pelican Rapids	7.97	5
32	Babic, Pane	Pelican Rapids	8.03	6
33	Smith, Josh	Park Christian	8.21	6
34	Nemec, Kevin	Pelican Rapids	8.32	6
35	Liedtke, Niklas	Staples-Motley	8.41	5
36	Shamp, Will	DilworthGlyndonFelton	8.49	5
37	Lein, Brandon	Park Christian	8.51	6
38	Bendson, Cameron	Staples-Motley	9.04	5
39	McDonald, Richmond	Thief River Falls	9.80	5
---	Lein, Kevin	Perham	DNS	5
---	Finseth, Alex	Thief River Falls	DNS	2

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Boys 200 Meter Dash**

	Name	School	Finals	H#
Finals				
1	Wach, Tobias	Ashby-Brandon-Evansville	24.24	1
2	Moberg, Matthew	Park Christian	24.76	2
3	Strand, Michael	Barnesville	25.18	1
4	Mazariegos, Robert	Pelican Rapids	25.58	1
5	Vana, William	Perham	25.58	2
6	Mickelson, Colton	Pelican Rapids	25.64	1
7	Stewart, Grant	Thief River Falls	25.65	2
8	Rivetts, Cody	Staples-Motley	25.74	3
9	Safranski, Isaac	DilworthGlyndonFelton	25.85	1
10	Weaver, Zack	Ashby-Brandon-Evansville	25.88	1
11	Hutton, Ian	Thief River Falls	25.94	2
12	Martin, Ben	DilworthGlyndonFelton	26.19	3
13	Brantner, Taylor	DilworthGlyndonFelton	26.44	3
14	Joppru, Jacob	Thief River Falls	26.62	3
15	Thompson, Dan	Park Christian	26.66	5
16	Carlson, Collin	Ashby-Brandon-Evansville	27.22	2
17	Wardlow, Mike	DilworthGlyndonFelton	27.24	4
18	Busta, Andrew	DilworthGlyndonFelton	27.41	5
19	Edeen, Ethan	DilworthGlyndonFelton	27.60	4
20	Berby, Tyler	Perham	27.66	4
21	Romero, Alejandro	Pelican Rapids	27.69	8
22	Sorvig, Keenan	Thief River Falls	27.71	6
23	Fudge, Tyler	Perham	27.97	4
24	Motschenbacher, Jared	Park Christian	28.06	7
25	Kudee, Jamcy	Thief River Falls	28.08	5
26	Scheuring, Todd	DilworthGlyndonFelton	28.37	6
27	Guck, Trevor	Perham	28.63	5
28	Moser, Reid	Perham	28.71	5
29	Miller, Jake	Staples-Motley	28.74	6
30	Suave, Bennett	Thief River Falls	28.82	4
31	Monson, Jake	Perham	28.90	4
32	Haugrud, Carlan	Pelican Rapids	29.18	8
33	Nemec, Kevin	Pelican Rapids	29.60	8
34	Giza, Max	Staples-Motley	29.72	5
35	Stuhaug, Joey	DilworthGlyndonFelton	29.86	7
36	Martinez, Juan	Pelican Rapids	30.18	8
37	Liedtke, Niklas	Staples-Motley	30.44	6
38	Shamp, Will	DilworthGlyndonFelton	30.44	7
39	Lein, Brandon	Park Christian	30.92	7
40	Smith, Josh	Park Christian	31.00	7
41	Bendson, Cameron	Staples-Motley	33.09	6
42	Janssen, Josh	Park Christian	33.96	8
---	Hill, Daniel	Perham	DNS	3
---	Finseth, Alex	Thief River Falls	DNS	3
---	Lein, Kevin	Perham	DNS	6
---	Carlson, Zach	Staples-Motley	DNS	2
---	Kress, Oakley	Pelican Rapids	DNS	7
---	McDonald, Richmond	Thief River Falls	SCR	

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Boys 400 Meter Dash**

	Name	School	Finals	H#
Finals				
1	Holecek, Stephen	Thief River Falls	56.58	1
2	Covington, Leighton	Perham	57.60	1
3	Knutson, Chris	Perham	57.69	2
4	Anderson, Evan	Ashby-Brandon-Evansville	57.92	1
5	Wayne, Brandon	DilworthGlyndonFelton	57.99	1
6	Salathe, Hunter	Perham	58.04	1
7	Joppru, Jacob	Thief River Falls	58.12	3
8	Watt, Brian	DilworthGlyndonFelton	58.63	3
9	Johnson, Andrew	Perham	59.26	2
10	Winkels, Nic	Perham	59.90	2
11	Johnson, Nic	Ashby-Brandon-Evansville	1:00.15	1
12	Scheel, Garrett	DilworthGlyndonFelton	1:00.15	4
13	Rames, Jake	DilworthGlyndonFelton	1:00.53	2
14	Hill, Daniel	Perham	1:00.56	2
15	Fudge, Tyler	Perham	1:01.35	3
16	Monson, Jake	Perham	1:01.41	3
17	Halvorson, Alec	Barnesville	1:02.12	5
18	Scheuring, Todd	DilworthGlyndonFelton	1:02.57	4
19	Guck, Trevor	Perham	1:02.86	4
20	Suave, Bennett	Thief River Falls	1:02.99	4
21	Carlson, Zach	Staples-Motley	1:03.91	4
22	Moser, Reid	Perham	1:03.96	3
23	Kruse, Dominic	Thief River Falls	1:04.76	4
24	Thorstad, Tyson	Ashby-Brandon-Evansville	1:05.09	3
25	Kress, Oakley	Pelican Rapids	1:06.50	6
26	Martinez, Juan	Pelican Rapids	1:07.43	6
27	Giza, Max	Staples-Motley	1:07.74	5
28	Liedtke, Niklas	Staples-Motley	1:08.17	5
29	Miller, Jake	Staples-Motley	1:09.50	5
30	Owings, Samson	DilworthGlyndonFelton	1:13.90	5
30	Zutz, Tayton	Thief River Falls	1:13.90	5
32	Dahl, Cristian	Thief River Falls	1:20.61	6
33	McDonald, Richmond	Thief River Falls	1:25.69	6
---	Oates, Katterrius	DilworthGlyndonFelton	SCR	
---	Carignan, Cole	Perham	SCR	

Boys 800 Meter Dash

	Name	School	Finals	H#
Finals				
1	Hurley, Keeghan	Perham	2:02.24	1
2	Fuchs, Alex	DilworthGlyndonFelton	2:11.42	1
3	Leach, Ryan	DilworthGlyndonFelton	2:12.12	1
4	Saxton, Gavin	Ashby-Brandon-Evansville	2:14.97	1
5	Dickerson, Jacob	Perham	2:21.19	2
6	Berggren, Dylan	DilworthGlyndonFelton	2:21.59	1
7	Coleman, Nathan	Perham	2:22.20	1
8	Beyer, Ben	DilworthGlyndonFelton	2:28.09	1
9	Wegscheid, Alex	Perham	2:28.60	2

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Boys 800 Meter Dash)**

	Name	School	Finals	H#
10	Lynnes, Erik	Pelican Rapids	2:29.58	2
11	Kjelshus, Hunter	Perham	2:30.46	2
12	Siira, Adam	Perham	2:30.53	2
13	Ybarra, Miguel	DilworthGlyndonFelton	2:30.66	2
14	Tersi, Felipe	Staples-Motley	2:31.15	1
15	Cole, Josh	DilworthGlyndonFelton	2:31.93	1
16	Gillaspey, Cody	Pelican Rapids	2:35.08	1
17	Cowie, Drew	Pelican Rapids	2:35.91	1
18	Leitz, Chase	Perham	2:36.23	2
19	Siira, Matthew	Perham	2:43.61	2
20	Zutz, Tayton	Thief River Falls	2:47.00	2
21	Dickey, Greg	Ashby-Brandon-Evansville	2:47.39	2
22	Adam, Lunk	Perham	2:50.86	2
23	Mcyke, Caleb	Perham	2:56.15	2
24	Smith, Collin	Thief River Falls	3:04.49	2
25	Browning, Evan	Thief River Falls	3:07.33	2
26	Glynn, Austin	Barnesville	3:32.39	2
---	Finseth, Alex	Thief River Falls	DNS	1
---	Hart, Gavin	Pelican Rapids	DNS	2
---	Rosiles, Guillermo	Pelican Rapids	DNS	1
---	Olson, Elijah	Thief River Falls	DNS	1

Boys 1600 Meter Run

	Name	School	Finals	H#
Finals				
1	Beseman, Billy	Perham	4:56.03	1
2	Santos, Tony	DilworthGlyndonFelton	4:59.89	1
3	Siira, Adam	Perham	5:00.75	1
4	Coleman, Nathan	Perham	5:15.84	1
5	Wilson, Dan	DilworthGlyndonFelton	5:17.50	1
6	Dickerson, Jacob	Perham	5:17.54	1
7	Aden, Mahad	Pelican Rapids	5:18.17	2
8	Wegscheid, Alex	Perham	5:20.69	1
9	Klopp, Taylor	Thief River Falls	5:21.52	1
10	Cruz, Sam	Pelican Rapids	5:24.23	2
11	Lynnes, Erik	Pelican Rapids	5:24.34	2
12	Trout, Ryan	Staples-Motley	5:24.36	1
13	Kvalvog, Zach	Park Christian	5:27.58	1
14	Kjelshus, Hunter	Perham	5:27.61	1
15	Wibstad, Devin	Ashby-Brandon-Evansville	5:29.42	2
16	Tersi, Felipe	Staples-Motley	5:33.13	2
17	Taves, Steven	DilworthGlyndonFelton	5:38.21	2
18	Powell, Brian	Thief River Falls	5:39.54	2
19	Leitz, Chase	Perham	5:40.32	1
20	Cowie, Drew	Pelican Rapids	5:47.29	2
21	Siira, Matthew	Perham	5:47.85	2
22	Askegaard, Isaac	Barnesville	5:59.62	1
23	Askegaard, Sam	Barnesville	6:01.82	1
24	Kamrath, Sid	Ashby-Brandon-Evansville	6:11.90	2
25	Mcyke, Caleb	Perham	6:15.69	2

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Boys 1600 Meter Run)**

Name	School	Finals	H#
26 Browning, Evan	Thief River Falls	6:15.86	2
27 Neels, Bryan	Barnesville	6:16.48	1
28 Smith, Collin	Thief River Falls	6:16.87	2
--- Hart, Gavin	Pelican Rapids	DNS	2
--- Kamrath, Chase	Ashby-Brandon-Evansville	DNS	2

Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Santos, Tony	DilworthGlyndonFelton	11:02.05
2 Crook, Bailey	DilworthGlyndonFelton	11:12.38
3 Wilson, Dan	DilworthGlyndonFelton	11:34.64
4 Senske, Steeler	DilworthGlyndonFelton	11:36.80
5 Joppru, Kris	Thief River Falls	11:40.99
6 Hurner, Josiah	DilworthGlyndonFelton	11:43.52
7 Trout, Ryan	Staples-Motley	11:58.84
8 Slack, Evan	Ashby-Brandon-Evansville	13:07.38
9 Kamrath, Chase	Ashby-Brandon-Evansville	13:42.74
10 Ash, Cameron	DilworthGlyndonFelton	13:54.10

Boys 55 Meter Hurdles

Name	School	Finals	H#
Finals			
1 Moberg, Matthew	Park Christian	8.20	1
2 Holecek, Stephen	Thief River Falls	8.32	1
3 Tollefson, Michael	DilworthGlyndonFelton	8.82	1
4 Johnson, Andrew	Perham	9.00	1
5 Dufault, Trent	DilworthGlyndonFelton	9.47	1
6 Jacobson, Seth	DilworthGlyndonFelton	9.68	1
7 Edeen, Ethan	DilworthGlyndonFelton	9.84	2
8 Winkels, Nic	Perham	9.86	2
9 Fossan, Dakota	Ashby-Brandon-Evansville	10.52	3
10 Moreno, Levi	Ashby-Brandon-Evansville	10.56	1
11 Hill, Daniel	Perham	10.61	3
12 Lars, Zach	Perham	10.64	2
13 Motschenbacher, Jared	Park Christian	10.70	3
14 Busta, Andrew	DilworthGlyndonFelton	10.86	2
15 Giza, Max	Staples-Motley	11.32	2
16 Bendson, Cameron	Staples-Motley	12.38	3
--- Osbourne, Brandon	Pelican Rapids	DNS	3
--- Horn, Aaron	Barnesville	DNS	2

Boys 4x200 Meter Relay

Team	Relay	Finals	H#
Finals			
1 DilworthGlyndonFelton	A	1:40.48	1
1) Wayne, Brandon	2) Brantner, Taylor	3) Safranski, Isaac	4) Flatt, Joe
2 Ashby-Brandon-Evansville	A	1:40.80	1
1) Weaver, Zack	2) Anderson, Evan	3) Wach, Tobias	4) Plaster, McKenon
3 Thief River Falls	A	1:41.13	1
1) Hawkins, Noah	2) Holecek, Stephen	3) Stewart, Grant	4) Hutton, Ian

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Boys 4x200 Meter Relay)**

Team	Relay			Finals	H#
4 Barnesville	A			1:44.62	1
1) Randklev, Nick	2) Strand, Michael	3) Bang, Jordan	4) Horn, Aaron		
5 Pelican Rapids	A			1:44.69	1
1) Franco, Danny	2) Romero, Alejandro	3) Mazariegos, Robert	4) Mickelson, Colton		
6 Perham	A			1:44.74	1
1) Muer, Sam	2) Schmitz, Cole	3) Kenntemich, Chris	4) Vana, William		
7 Staples-Motley	A			1:44.92	2
1) Bendson, Austin	2) Miller, Jake	3) Johnson, Tyler	4) Johnson, Ryan		
8 Thief River Falls	B			1:46.14	2
1) Sorvig, Keenan	2) Samuelson, Alan	3) Kudee, Jamcy	4) Joppru, Jacob		
9 DilworthGlyndonFelton	B			1:47.44	2
1) Busta, Andrew	2) Beyer, Ben	3) Wardlow, Mike	4) Scheel, Garrett		
10 Perham	B			1:54.17	2
1) Moser, Reid	2) Guck, Trevor	3) Lars, Zach	4) Monson, Jake		
11 Pelican Rapids	B			1:56.87	2
1) Babic, Pane	2) Coronado, Joey	3) Haugrud, Carlan	4) Kress, Oakley		

Boys 4x400 Meter Relay

Team	Relay			Finals	H#
Finals					
1 Perham	A			3:48.69	1
1) Salathe, Hunter	2) Beseman, Billy	3) Knutson, Chris	4) Covington, Leighton		
2 DilworthGlyndonFelton	A			3:52.44	1
1) Leach, Ryan	2) Fuchs, Alex	3) Wayne, Brandon	4) Tollefson, Michael		
3 Pelican Rapids	A			3:53.24	1
1) Franco, Danny	2) Romero, Alejandro	3) Taylor, Charles	4) Mazariegos, Robert		
4 Staples-Motley	A			3:56.23	1
1) Rivetts, Cody	2) Johnson, Tyler	3) Bendson, Austin	4) Johnson, Ryan		
5 Perham	B			3:59.54	1
1) Winkels, Nic	2) Johnson, Andrew	3) Fudge, Tyler	4) Hill, Daniel		
6 DilworthGlyndonFelton	B			4:04.10	2
1) Scheel, Garrett	2) Watt, Brian	3) Cole, Josh	4) Rames, Jake		
7 Ashby-Brandon-Evansville	A			4:09.10	1
1) Carlson, Collin	2) Johnson, Nic	3) Fossan, Dakota	4) Saxton, Gavin		
8 Thief River Falls	A			4:15.11	2
1) Kruse, Dominic	2) Fowler, Kyle	3) Sorvig, Cooper	4) Newland, Derick		
9 Perham	C			4:21.04	2
1) Kjelshus, Hunter	2) Leitz, Chase	3) Siira, Adam	4) Dickerson, Jacob		
10 Perham	D			4:22.40	2
1) Wegscheid, Alex	2) Siira, Matthew	3) Adam, Lunk	4) Coleman, Nathan		
--- Barnesville	A			DNS	2

Boys 4x800 Meter Relay

Team	Relay			Finals
Finals				
1 Perham	A			8:40.99
1) Hurley, Keeghan	2) Beseman, Billy	3) Covington, Leighton	4) Knutson, Chris	
2 DilworthGlyndonFelton	A			9:00.88
1) Cole, Josh	2) Crook, Bailey	3) Leach, Ryan	4) Fuchs, Alex	
3 Thief River Falls	A			9:30.56
1) Klopp, Taylor	2) Joppru, Kris	3) Newland, Derick	4) Olson, Elijah	
4 Pelican Rapids	A			9:36.36
1) Rosiles, Guillermo	2) Gillaspey, Cody	3) Cruz, Sam	4) Aden, Mahad	

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Finals ... (Boys 4x800 Meter Relay)**

Team	Relay	Finals
5 Ashby-Brandon-Evansville 1) Thorstad, Tyson	A 2) Kamrath, Chase	10:23.79 4) Slack, Evan
6 Barnesville 1) Neels, Bryan	A 2) Fox, Austin	10:25.09 4) Halvorson, Alec
7 Thief River Falls 1) Fowler, Kyle	B 2) Powell, Brian	10:34.03 4) Sorvig, Cooper

Boys High Jump

Name	School	Finals
Finals		
1 Nickel, Hunter	Park Christian	6-02.00
2 Tollefson, Michael	DilworthGlyndonFelton	6-00.00
3 Rivetts, Cody	Staples-Motley	5-10.00
4 Hawkins, Noah	Thief River Falls	5-06.00
5 Stewart, Grant	Thief River Falls	J5-06.00
6 Baker, Greg	Ashby-Brandon-Evansville	5-04.00
7 Plaster, McKenon	Ashby-Brandon-Evansville	J5-04.00
8 Joppru, Jacob	Thief River Falls	J5-04.00
9 Senske, Steeler	DilworthGlyndonFelton	J5-04.00
10 Glynn, Patrick	Perham	5-02.00
10 Edeen, Ethan	DilworthGlyndonFelton	5-02.00
12 Holecek, Stephen	Thief River Falls	J5-02.00
13 Johnson, Nic	Ashby-Brandon-Evansville	J5-02.00
14 Muer, Sam	Perham	5-00.00
14 Kenntemich, Chris	Perham	5-00.00
--- Salathe, Hunter	Perham	NH
--- Miller, Jake	Staples-Motley	NH
--- Anderson, Evan	Ashby-Brandon-Evansville	NH
--- Rames, Jake	DilworthGlyndonFelton	NH
--- Newland, Derick	Thief River Falls	NH
--- Slack, Evan	Ashby-Brandon-Evansville	NH
--- Carignan, Cole	Perham	DNS

Boys Pole Vault

Name	School	Finals
Finals		
1 Beachy, Eli	Perham	12-00.00
2 Dufault, Trent	DilworthGlyndonFelton	11-06.00
3 Jacobson, Seth	DilworthGlyndonFelton	11-00.00
4 Glynn, Patrick	Perham	10-06.00
5 Schmitz, Cole	Perham	J10-06.00
6 Cole, Josh	DilworthGlyndonFelton	8-06.00
7 Bendson, Cameron	Staples-Motley	7-08.00
8 Giza, Max	Staples-Motley	7-07.00
--- Smith, Collin	Thief River Falls	NH
--- Dahl, Cristian	Thief River Falls	NH
--- Suave, Bennett	Thief River Falls	NH
--- Browning, Evan	Thief River Falls	NH

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Boys Long Jump**

	Name	School	Finals
Finals			
1	Moberg, Matthew	Park Christian	20-09.50
2	Beachy, Eli	Perham	17-11.00
3	Safranski, Isaac	DilworthGlyndonFelton	17-08.50
4	Coronado, Joey	Pelican Rapids	17-07.50
4	Nysveen, Tyler	Barnesville	17-07.50
6	Taylor, Charles	Pelican Rapids	17-06.00
7	Brantner, Taylor	DilworthGlyndonFelton	17-05.00
7	Hill, Daniel	Perham	17-05.00
9	Strand, Michael	Barnesville	17-04.50
10	Sorvig, Keenan	Thief River Falls	16-08.50
11	Flatt, Joe	DilworthGlyndonFelton	16-07.50
11	Baker, Greg	Ashby-Brandon-Evansville	16-07.50
13	Johnson, Ryan	Staples-Motley	16-07.00
13	Fossan, Dakota	Ashby-Brandon-Evansville	16-07.00
15	Plaster, McKenon	Ashby-Brandon-Evansville	16-06.50
16	Muer, Sam	Perham	16-05.50
17	Thompson, Dan	Park Christian	16-02.00
18	Johnson, Tyler	Staples-Motley	15-11.50
18	Trout, Ryan	Staples-Motley	15-11.50
20	Busta, Andrew	DilworthGlyndonFelton	15-11.00
21	Bang, Jordan	Barnesville	15-09.00
21	Bendson, Austin	Staples-Motley	15-09.00
23	Scheel, Garrett	DilworthGlyndonFelton	15-07.00
24	Nehring, Brett	Thief River Falls	15-06.00
25	Wardlow, Mike	DilworthGlyndonFelton	15-03.50
26	Neels, Bryan	Barnesville	15-00.50
27	Carlson, Collin	Ashby-Brandon-Evansville	15-00.00
28	Scheuring, Todd	DilworthGlyndonFelton	14-08.50
29	Berby, Tyler	Perham	14-07.50
30	Slack, Evan	Ashby-Brandon-Evansville	14-07.00
31	Beyer, Ben	DilworthGlyndonFelton	14-04.00
32	Motschenbacher, Jared	Park Christian	14-03.50
33	Kudee, Jamcy	Thief River Falls	14-03.00
34	Zutz, Tayton	Thief River Falls	14-02.00
34	Powell, Brian	Thief River Falls	14-02.00
36	Wibstad, Devin	Ashby-Brandon-Evansville	14-01.00
37	Sorvig, Cooper	Thief River Falls	14-00.00
38	Liedtke, Niklas	Staples-Motley	13-11.00
39	Babic, Pane	Pelican Rapids	12-10.50
39	Askegaard, Isaac	Barnesville	12-10.50
41	Dahl, Cristian	Thief River Falls	12-05.00
42	Shamp, Will	DilworthGlyndonFelton	12-03.50
---	Glynn, Austin	Barnesville	FOUL
---	Mickelson, Colton	Pelican Rapids	DNS
---	Kress, Oakley	Pelican Rapids	DNS
---	Salathe, Hunter	Perham	DNS
---	Samuelson, Alan	Thief River Falls	DNS
---	Carlson, Zach	Staples-Motley	DNS

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Boys Triple Jump**

	Name	School	Finals
Finals			
1	Moberg, Matthew	Park Christian	42-02.50
2	Tollefson, Michael	DilworthGlyndonFelton	40-07.00
3	Rosiles, Guillermo	Pelican Rapids	37-06.00
4	Baker, Greg	Ashby-Brandon-Evansville	37-01.50
5	Fossan, Dakota	Ashby-Brandon-Evansville	35-05.00
6	Muer, Sam	Perham	35-02.00
7	Dufault, Trent	DilworthGlyndonFelton	34-09.00
8	Berby, Tyler	Perham	34-03.50
9	Kudee, Jamcy	Thief River Falls	34-03.00
10	Kenntemich, Chris	Perham	34-02.50
11	Edeen, Ethan	DilworthGlyndonFelton	33-02.50
12	Randklev, Nick	Barnesville	32-11.50
13	Bang, Jordan	Barnesville	32-05.00
14	Sorvig, Keenan	Thief River Falls	31-06.00
15	Carlson, Collin	Ashby-Brandon-Evansville	31-01.00
16	Rames, Jake	DilworthGlyndonFelton	31-00.50
17	Coronado, Joey	Pelican Rapids	30-01.00
18	Wibstad, Devin	Ashby-Brandon-Evansville	29-02.00
19	Beyer, Ben	DilworthGlyndonFelton	29-01.00
20	Nehring, Brett	Thief River Falls	26-02.50
---	Nysveen, Tyler	Barnesville	FOUL
---	Georgewill, Cameron	Thief River Falls	DNS
---	Samuelson, Alan	Thief River Falls	DNS
---	Horn, Aaron	Barnesville	DNS
---	Taylor, Charles	Pelican Rapids	DNS

Boys Shot Put

	Name	School	Prelims
Preliminaries			
1	Daugherty, Austin	Park Christian	43-01.00 q 2
2	Georgewill, Cameron	Thief River Falls	42-02.00 q 1
3	Subasic, Anel	Pelican Rapids	42-01.50 q 1
4	Tellinghusien, Troy	Perham	41-01.00 q 1
5	Siira, Jonathan	Perham	40-09.00 q 1
6	Ashcraft, Austin	Perham	40-08.00 q 1
7	Martin, Ben	DilworthGlyndonFelton	38-03.00 q 2
8	Butcher, Brady	DilworthGlyndonFelton	37-10.00 q 2
9	Flatt, Joe	DilworthGlyndonFelton	37-03.00 2
10	Parks, William	Perham	35-04.00 2
11	LaFond, Ben	Perham	35-03.00 1
12	Trautman, Kurtis	DilworthGlyndonFelton	34-11.00 1
13	Sylliassen, Zach	DilworthGlyndonFelton	34-10.00 1
14	Barbosa, Guillherme	Staples-Motley	34-07.00 2
15	Huseby, Liam	Park Christian	34-01.00 2
16	Smith, Josh	Park Christian	33-08.00 1
17	Nehring, Brett	Thief River Falls	32-08.00 1
18	Fox, Austin	Barnesville	32-06.00 2
19	Swanson, Mark	Perham	32-05.00 1

2014 Heart of the Lakes Conference - 04/01/2014**Concordia College Moorhead, MN****Results****Preliminaries ... (Boys Shot Put)**

	Name	School	Prelims	
20	Kamrath, Sid	Ashby-Brandon-Evansville	29-04.00	1
21	Dufault, Trevor	DilworthGlyndonFelton	28-04.00	2
22	Cullen, Andrew	Perham	25-11.00	2
23	Macziewski, Hunter	DilworthGlyndonFelton	25-01.00	1
24	Hart, Preston	Pelican Rapids	24-08.00	2
25	Janssen, Josh	Park Christian	23-11.00	2
26	Trautman, Timmy	DilworthGlyndonFelton	21-11.00	1
---	Kamrath, Chase	Ashby-Brandon-Evansville	DNS	2

Boys Shot Put

	Name	School	Finals
Finals			
1	Daugherty, Austin	Park Christian	43-01.00
2	Georgewill, Cameron	Thief River Falls	42-02.00
2	Tellinghusien, Troy	Perham	42-02.00
4	Subasic, Anel	Pelican Rapids	42-01.50
5	Ashcraft, Austin	Perham	41-03.00
6	Siira, Jonathan	Perham	40-09.00
7	Martin, Ben	DilworthGlyndonFelton	38-03.00
8	Butcher, Brady	DilworthGlyndonFelton	37-10.00

Women - Team Rankings - 15 Events Scored

1) DilworthGlyndonFelton	141.5	2) Thief River Falls	113
3) Perham	110.5	4) Ashby-Brandon-Evansville	81
5) Barnesville	52	6) Pelican Rapids	33
7) Park Christian	23	8) Staples-Motley	20

Men - Team Rankings - 15 Events Scored

1) DilworthGlyndonFelton	162.5	2) Perham	145.5
3) Thief River Falls	64	4) Ashby-Brandon-Evansville	62
5) Park Christian	58	6) Pelican Rapids	51.5
7) Staples-Motley	21	8) Barnesville	19.5